

The Primary Missions of Civil Air Patrol

**Emergency Services
Cadet Programs
Aerospace Education**



“Serving the US, WV and the Mid-Ohio Valley for over 60 Years”

September, 2009

Issue 15

www.pkbcap.com

LTCOL RON HARMON- SQDN. COMMANDER

The News Letter For Those Who Serve The Mid-Ohio Valley

A New Bird Is About To Be Born!

(Promotion to “Full Bird” is the promotion to Colonel.)

On the 23-24 of October 2009, at the 68th Annual WV Wing Conference and Banquet there will be a change of command ceremony as Col. Rodney Moore completes his tenure as WV Wing Commander. Who will be the new Wing Commander? Who will become WV’s newest “Full Bird”? As you are reading this newsletter, two CAP members are being considered. Our very own Squadron Commander Lt Col Ron Harmon and the West Virginia Wing Chief of Staff Lt Col Dennis Barron. So how will the new Wing Commander be chosen?

Per CAPR 35-9:

SECTION B – WING COMMANDER SELECTION PROCESS

3. These suggested guidelines are designed to assist region commanders in carrying out this responsibility in a timely, judicious manner and to standardize the selection process. The final decision concerning selection still rests with the region commander concerned. A suggested timeline is shown in figure 1.



4. Minimum qualifications for consideration as wing commander are:
- a) Hold at least the CAP grade of major.
 - b) Completed Level IV of the Senior Member Training Program.
 - c) Three years command and staff experience at any level within a wing.
 - d) Budget and asset acquisition knowledge gained within or outside CAP.
 - e) Five years supervisory experience gained within or outside CAP.
 - f) Five years total CAP membership with no less than three continuous years of service prior to appointment.
 - g) Prior to appointment as wing commander, individual must complete a successful fingerprint rescreening.

Application process. Approximately 6 months prior to the anticipated appointment date (when possible) the region commander will announce the upcoming vacancy through the widest possible means of circulation directly to the affected wing's membership. Candidates will submit a letter of interest, including a statement of qualifications, to the region commander. A resume should also be attached. The resume should include CAP experience as well as work history and other volunteer activities.

This Issue Senior Profile

Name: None Submitted

Rank:

Sqn. Position:

Bio:

A New Bird Is About To Be Born! Cont.

6. Selection process. Immediately after announcing the anticipated position vacancy, the region commander should appoint a selection advisory board consisting of five to seven members to include representatives from the wing staff, a former wing commander (preferably from the affected wing) and such others as the region commander may deem necessary. The selection board will set a date to hold formal interviews in person or by teleconference should weather or travel distances intervene. Sample questions are listed in attachment 1.

- a. The selection board should submit all qualified application packages along with their recommendation to the region commander for a final decision with concurrence of the National Commander. In the event the region commander rejects all applicants, the position will be reannounced and the selection process begun again.
- b. Once the region commander has confirmed the selection with the National Commander, he/she must notify NHQ CAP/LMM so an appropriate personnel action can be prepared.

SUGGESTED WING COMMANDER CANDIDATE QUESTIONNAIRE

Region commanders may wish to ask candidates to respond to these questions in a narrative form as completely as possible. Responses may be written and returned to the selection committee for review prior to the interview, or may be oral during the interview itself.

1. *In your opinion, what are the challenges that the wing must address during the next 4 years? Please list as many as you consider important.*
2. *What would your strategy be to meet these challenges?*
3. *As wing commander, you establish goals for the wing. Assuming you have a limited budget and an all-volunteer membership, list 10 goals in order of priority that you would propose to accomplish during your first year.*
4. *Civil Air Patrol consists of members from all walks of life, with a wide range of ages and interests and is dispersed over a large geographical area. As wing commander, what would you do to make the wing more attractive to personnel such that they would maintain their membership and actively support the various missions of Civil Air Patrol?*
5. *The position of wing commander requires a great deal of time and the person must be many things to the membership. In your opinion, what personal qualities must the wing commander possess to be successful?*
6. *As the new wing commander you inherit from your predecessor the wing staff in addition to all the squadron commanders. Some of these people have been in their positions for some time, others are very new to the program, but the majority have been in their position 3- to 5-years. There are a number of vacant slots on the manning chart. What is your personnel management strategy?*
7. *What impact, if any, do you anticipate the job of wing commander will have on you both personally and professionally?*
8. *As with any command position, the wing commander has responsibilities and privileges. In your opinion what are the responsibilities and the privileges associated with the wing commander?*
9. *The Civil Air Patrol is the Auxiliary of the United States Air Force. What steps would you take within your wing to continue to build the relation with the Air Force?*
10. *Are you prepared to attend the weeklong Wing Commanders' Course held at Maxwell Air Force Base in February?*

In accordance with the MER Wing Commander Selection process, comments or recommendations from any West Virginia Wing member on these candidates may be sent to the Middle East Region Commander for consideration in the selection process. Comments or recommendations should be short and to the point.

Comments and recommendations must be received no later than Monday, October 5, 2009 to be considered.

Comments or recommendations may be sent via e-mail, US Mail, or FAX, but e-mail is preferred to facilitate distribution and processing.

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FYI Aircrew



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Commanders Corner

How can a cold affect flying?

The two features of a cold that are most important to aviators are the overflow of new viruses into the bloodstream and the swelling of nose and throat tissues.

The first of these, the release of new viruses from their host cell into the body is often called the 'viraemic phase' (4). This viraemic phase usually results in the headaches and general feeling of tiredness, lethargy, and unwellness (5) that is usually associated with a cold.

Anything that makes you feel tired and unwell is a distraction from flying and may well impair your decision making abilities at a critical moment. The viraemic phase of a cold is no exception and our mental and physical performance is always impaired. As aircrew we can ill afford any impairment of our performance that may affect our safety and that of the craft we fly and those that choose to fly with us.

As the tissues lining the nasal area swell the tiny openings to the ears (eustachian tubes) and the sinuses (ostia) become narrowed and may close over. Closure of these small tissue lined tubes makes ear and sinus pressure equalization difficult or impossible. Inability to equalize our ears and sinuses during ascent or descent may result in pain and tissue damage. The term barotrauma (as in barometer) is used to refer to these pressure related tissue damage.

The pain of sinus and ear barotrauma can be of crippling intensity leaving the sufferer unable to devote attention to the task of flying. The tissue damage, which could include rupture of the ear-drums or the filling of a sinus with blood, may adversely affect our short and long term "fitness to fly". It's really not worth the risk.



Ground Vehicle Search Techniques

- Team members without specific duties are assigned an arc to watch for clues
- Driver, navigator, communicator, and other members with specific duties to perform should not be assigned sectors to observe
- No one is a passenger when a vehicle has been dispatched for a SAR!

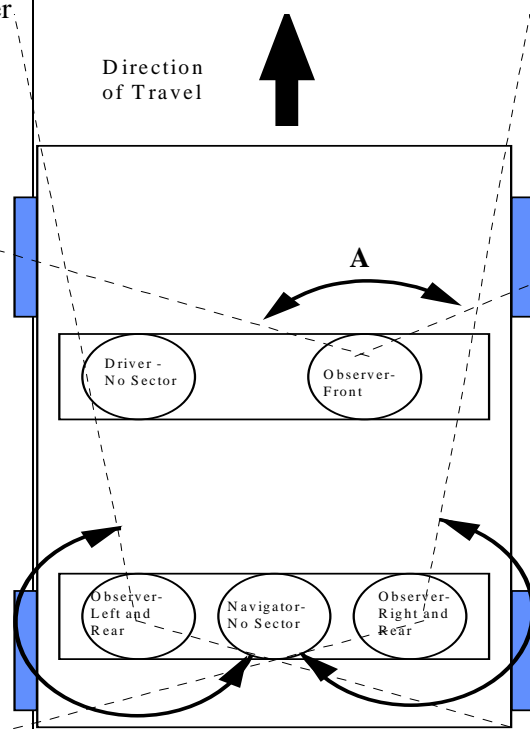
Regulation Spotlight



CIVIL AIR PATROL SAFETY RESPONSIBILITIES AND PROCEDURES CAP REGULATION 62-1

This regulation establishes the requirements for an effective safety program within the Civil Air Patrol (CAP). This regulation guides CAP components in implementing effective safety programs.

http://members.gocivilairpatrol.com/media/cms/R062_001_85D0CB3FE48A5.pdf



Cadet Corner

Instead of having a regular meeting on the 29th, our fifth Tuesday this month, we have decided to have a Cadet Teambuilding Activity. Please note the following and try to attend. We will have a great time!

On Tuesday, September 29:

- meet at Pastime Bowling Lanes at 211 Second Street in Marietta - have parents drop you off and pick you up there
- 7:00 - 9:00pm
- cost is \$2.95 per game and \$1.50 for shoe rental (each Cadet is responsible for his/her own expenses)
- do not wear CAP uniform
- even though you will not be wearing a uniform, you will still be CAP Cadets and are expected to behave accordingly

Parkersburg CAP Cadet Schedule

September – October 2009

Month	Date	Activity
<i>September</i>	1	Blues Night/Moral Leadership Discussion
	8	Physical Test (5:45pm)/AE Excellence Activities (2)
	15	Written Exams/Emergency Services
	22	AE Excellence Activities (2)
	29	5 th Tuesday Teambuilding Activity – details will be sent out by email
<i>October</i>	6	Blues Night/Moral Leadership Discussion
	13	Aerospace Excellence Activity (1)
	20	Physical Test (5:45pm)/Written Exams/Emergency Services
	24	West Virginia Wing Annual Conference in Charleston
	27	Aerospace Excellence Activity (1)

Please note that Cadet meetings begin at 6:30pm unless otherwise stated. Physical fitness tests will be given promptly at 5:45pm when scheduled.

This Issue Cadet Profile

Name: Jake Ebert

Rank: C/Amn

SQN Position: Cadet

Small Bio: “I am from Friendly West Virginia and live with my Dad and Sister. My hobbies are skateboarding, playing guitar, and going to CAP meetings. I attend Flyer Consolidated High School”

My Favorite Quote: “Shut Up Fool”
Mr. T



UP Coming Events

WV WING ANNUAL CONFERENCE & BANQUET

23-25 OCTOBER 2009

@ CHARLESTON MARRIOTT

Conference & Banquet Location

Charleston Marriott Town Center has 353 rooms, an indoor pool, exercise room, entertainment and dining. Located across from the Charleston Town Center Mall.

**Charleston Marriott Town Center
200 Lee St East off I-64, exit 58C
Charleston, WV
800-228-9290 or 304-345-6500**

Request WV Civil Air Patrol rates: \$95.00 + tax for up to four people in a room.

Hotel Cut-off date: 5 Oct 09.

Dress Code

Conference: **Blue Service Uniform, CAP Blazer Combination, CAP Summer Uniform, (see CAPM 39-1), or appropriate civilian attire.**

Banquet: **Cadets: Blue Semi-Formal Uniform (see CAPM 39-1), or appropriate civilian attire.**

Seniors: Mess Dress Uniform, Blue Service Uniform, CAP Blazer Combination (see CAPM 39-1), or appropriate civilian attire.

All uniforms must be worn in accordance with CAP regulations.

Want to read previous newsletters? Visit www.PKBCAP.com and press the calendar tab.

Questions, comments, or want to write an article and have it posted on this Newsletter? Just send an email to svelez@suddenlink.net.

Safety Corner

Flu refers to illnesses caused by a number of different influenza viruses. Flu can cause a range of symptoms and effects, from mild to lethal.

Two strains of flu, seasonal flu and the H1N1 (Swine) flu, are currently circulating in the United States. A third, highly lethal H5N1 (Bird) flu is being closely tracked overseas.

Most healthy people recover from the flu without problems, but certain people are at high risk for serious complications.

Extensive efforts are underway to track and monitor the spread of all flu viruses. In the U.S., epidemiologists at the Centers for Disease Control (CDC) are working with states to collect, compile and analyze reports of flu outbreaks.

More on [the current situation](#).

[Flu symptoms](#) may include fever, coughing, sore throat, runny or stuffy nose, headaches, body aches, chills and fatigue. In [H1N1 \(Swine\) flu](#) infection, vomiting and diarrhea may also occur.

Annual outbreaks of the [seasonal flu](#) usually occur during the late fall through early spring. Most people have natural immunity, and a seasonal flu vaccine is available. In a typical year, approximately 5 to 20 percent of the population gets the [seasonal flu](#) and approximately 36,000 flu-related deaths are reported.

This year, the [H1N1 \(Swine\) flu](#) virus may cause a more dangerous flu season with a lot more people getting sick, being hospitalized and dying than during a regular flu season. H1N1 (Swine Flu) is a new virus first seen in the United States. It is contagious and spreads from person to person. Like seasonal flu, illness in people with H1N1 can vary from mild to severe.

A flu pandemic occurs when a new influenza A virus emerges for which there is little or no immunity in the human population; the virus causes serious illness and spreads easily from person-to-person worldwide.

On June 11, 2009, the [World Health Organization](#) (WHO) declared that a global pandemic of [H1N1 \(Swine\) flu](#) is underway.

Safety Corner cont.

Prevention & Treatment

Get Vaccinated. Vaccination is the best protection against contracting the flu. You need two vaccines to be fully protected this year. The seasonal flu vaccine is different from the H1N1 (Swine) flu vaccine. The CDC is encouraging people to get both vaccinations. Get the seasonal vaccination as soon as possible and get the H1N1 (Swine) flu vaccination as soon as it is available in early fall. [More information on Vaccination](#)

Take these everyday steps to protect your health:

<p>Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.</p>
<p>Wash your hands often with soap and water, especially after you cough or sneeze. Alcohol-based hand cleaners are also effective.</p>
<p>Avoid touching your eyes, nose or mouth. Germs spread this way.</p>
<p>Try to avoid close contact with sick people.</p>
<p>Stay home if you are sick for 7 days after your symptoms begin or until you have been symptom-free for 24 hours, whichever is longer. This is to keep from infecting others and spreading the virus further.</p>
<p>Follow public health advice regarding school closures, avoiding crowds and other social distancing measures.</p>